Dot Dunn – Regional Coordinator

As Region 2 Coordinator I sincerely hope that you will enjoy our newsletter. The information from individual chapters may help us to come to know each other, chapter to chapter and State to State. We have West Texas, New Mexico, Arizona, and Southern California in our region. It will be great to be able to communicate with each other, support each other, and celebrate all good things to come. Region 2 has formed a committee of nine, me, Sue Gibson, Marilyn Klakovich, Sunny Lee, Frances Dumiway, Melissa Sherman, Pamela Kohlbry, Kerrie Downing, and Dale Mueller. We have been meeting and decided that we should start with communications, hence this wonderful newsletter to connect our chapters. Many thanks to Sue Gibson for volunteering to be our communication chair.

Did you know that Region 2 has a total of 27 chapters? Some brand new, some older. So you can see that the communications can help our newer chapters and perhaps share some new ideas with our older and established chapters.

Another committee that has formed is the Awards and Recognition committee chaired by Marilyn Klakovich. She brings experience on this committee and we look forward to all chapters submitting well-earned awards applications to celebrate your successes. Another exciting award opportunity that Kerrie Downing brought forth is the Daisy Awards to add to the opportunities of the 2013-2015 Showcase of regional Excellence (SRE). At the Chapter level there are more
opportunities such as: Friend of Nursing Award, Chapter Communication Award, Chapter Global Community Building Award, Chapter Research Advancement Award, and Chapter Spirit of Philanthropy Award. So as you read the list of all these opportunities, Region 2 chapters certainly are doing exciting work and we hope this newsletter can communicate the Kudos of each chapter and be supportive of these wonderful achievements that are forthcoming.

Lastly, in the continuing mission to improve nursing care worldwide we have begun a committee called Global Initiatives. Melissa Sherman has shared her passion with continuing efforts with Water.org and to begin Global webinars for our Region 2 members and to have contact hours available as well.

So as you can tell the committee has been busy planning. We began to form at the 42nd Biennial Convention with the call to Give Back to Move Forward. We hope that you find this newsletter not only informative, but helpful for your personal and chapters’ mission and goals for the upcoming year and 43rd Biennial Convention that is around the corner.

All best,

Dorothy Dunn, Region 2 Coordinator

<table>
<thead>
<tr>
<th>Region 2 Committee Members</th>
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<tbody>
<tr>
<td><strong>Awards and Recognition Committee</strong></td>
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<tr>
<td>Chair: Marilyn Klakovich</td>
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<td>Daisy Award Champion:</td>
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<td>Kerrie Downing</td>
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<td><strong>Communications Committee</strong></td>
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<td>Chair: Sue Gibson</td>
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<td><strong>Global Initiatives Committee</strong></td>
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<td>Chair: Melissa Sherman</td>
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<td>Webinar Champion:</td>
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<tr>
<td>Pamela Kohlbry</td>
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<tr>
<td>Dale Mueller</td>
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<tr>
<td><strong>Additional Committee Member</strong></td>
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<tr>
<td>Fran Dunniway</td>
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<td>Sunnee Lee</td>
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AWARDS AND RECOGNITION OPPORTUNITIES

I am pleased to once again be providing leadership to the Awards and Recognition Committee for Region 2. I will be providing an overview of the awards that are available through STTI at Chapter and International Level.

Chapter Awards
Our Region 2 webpage has links to the Chapter Key Award and the Showcase of Regional Excellence Awards. http://www.nursingsociety.org/Chapters/Regions/Pages/NorthAmericaRegion2.aspx

Chapter Key Award
The chapter key award recognizes STTI chapters who excel in chapter-related activities such as:

- Membership recruitment and retention
- Publicity and programming
- Professional and leadership development
- Local, national and international collaboration

Preparing to submit an application for a key award is not a one-time activity. Chapters should plan to work on this throughout the biennium timeframe for the award: 1 July 2013 - 30 June 2015. Although we are nearing the end of the first year, there is still time to begin the process. Chapter Key Award applications are due 15 July 2015. The 2013-2015 criteria are posted to the website along with other helpful information.

In 2013, 10 of our chapters were recipients of the key award.

<table>
<thead>
<tr>
<th>Chapter Name</th>
<th>Recipient</th>
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<tbody>
<tr>
<td>Beta Mu #058</td>
<td>10th Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Gamma Alpha #071</td>
<td>2nd Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Gamma Gamma #073</td>
<td>6th Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Gamma Sigma #088</td>
<td>9th Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Iota Sigma #232</td>
<td>5th Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Nu Mu #322</td>
<td>2nd Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Omicron Delta #362</td>
<td>4th Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Phi Theta #486</td>
<td>1st Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Rho Beta #408</td>
<td>1st Time Recipient North America Region 2</td>
</tr>
<tr>
<td>Zeta Mu-at-Large #154</td>
<td>5th Time Recipient North America Region 2</td>
</tr>
</tbody>
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As you can see, we have many chapters who are multiple key award recipients, so our chapter leaders have a wealth of experience to offer. In fact, Rho Beta, one of the 1st time recipients in 2013, was mentored by Gamma Alpha to help them prepare for the award. If your chapter would like to be mentored, please contact me and I will try to link you up with a mentor.

Showcase of Regional Excellence -
Recognition is provided through The Showcase of Regional Excellence with a focus on how chapters are connecting with the current President's Call to Action. Applications can be submitted at any time during the biennium. So take a good look at all your chapter is doing and note the following:

- Entry Deadline: 1 October 2015
- Represent one of the four areas of the Presidential Call to Action
- Must be an activity that occurred during the 2013-2015 biennium

Accomplishments being submitted for 2013-2015 recognition should represent one of the four areas of Hester C. Klopper's 2013-2015 Presidential Call to Action:

- Servant Leadership
- Connectedness
- Transformation
• Gratitude
You can access the call to action for more information about each of these themes.
We look forward to learning what other chapters in Region 2 are doing to “Serve locally, transform regionally, and lead globally” through your Showcase of Regional Excellence Award submissions.

The International Awards
Although the criteria have not yet been posted for the 2015 International Awards, nominations will open in November, 2014. For now, you can check out information on the 2013 award recipients.

http://www.nursingsociety.org/Awards/international/Pages/InternationalAwardsforNursingExcellence.aspx

While you are on the STTI website, explore other awards that are available and that you might want to nominate one or more of your members for. For example, see the link to the Nurse Researcher Hall of Fame. Also see the Helen Henry Award to recognize a “nurse healer working at the bedside.”

The Awards and Recognition Committee encourages all Region 2 chapters to consider submitting an application for an international or chapter award this biennium. Go for it!

Marilyn Klakovich, Iota Sigma, Omicron Delta, and Upsilon Beta
Azusa Pacific University, University of Phoenix, and California State University, Fullerton
mklakovich@apu.edu

Daisy Awards

Meaningful recognition is an important means through which individuals and/or groups actively value the contributions of others. Such intentional appreciation has profound effects on nurses and empowers recipients to continue or increase their valued efforts. The Daisy awards are one type of award that some members of Region 2 may be familiar. This award was developed to recognize compassionate bedside nursing care, but has since expanded to include a variety of additional nurse contributions. Region 2 will be working with the Daisy foundation to develop our own recognition program. This program will be founded on both the values of STTI and the mission of our region. It is intended to provide members a means through which they can recognize each other and their valued contributions to their chapter, our region, STTI, and nursing. Please stay tuned for more information.

http://daisyfoundation.org/

Kerrie Downing, Omicron Delta
University of Phoenix
Kerrie.Downing@phoenix.edu
GLOBAL INITIATIVES

Guatemala Mission

Santa Maria de Jesus, Guatemala Clinica

The Lambda Omicron Chapter sponsored and supported nine members who were among an interprofessional health care team that provided care for the first time in this volcanic Mayan village that does not have access to health care. The focus was to care for women who never had a cervical cancer screening, and of the 203 screenings we did discover four women who were candidates for VIA CRYO, a method that freezes the cancer cells of the cervix to obliterate cervical cancer. Because we focused on women’s health, culturally the women brought all their children for care as well, so we also provided a pediatric clinica. Many had diarrhea because of the poor water quality, some had ear infections, others asthma. One ten-year-old female with a Grade 6 murmur with diminishing activity endurance was referred for a cardio echocardiogram and subsequent open heart surgery for patent ductus arteriosis (PDA). If our clinic was not created this child would had died.

Usually, the medical mission teams’ home base is in the beautiful city of Antigua, Guatemala and they would travel up the volcano to a different village each day. Our mission was different as we had the opportunity to actually build a clinic in the village of Santa Maria de Jesus. This village is relatively close to Antigua. Because the village is considered close, teams do not stop there to provide care. However, the people are poor and cannot travel the relatively short distance (about 30 minutes on the ‘chicken bus). Now that we have provided a structure as a clinic, we can return for further screening, treatment and follow-up of the 56 patients we identified that would require follow-ups.

So, be looking for an opportunity to join us in this global health care opportunity. You too can make a difference in providing care for the Mayan people of this volcano village of Guatemala. Our next trip is currently being planned for December 2014. If you are interested in learning more and (hopefully) joining us in providing global health care, contact Dot Dunn at dotdunn10@gmail.com.

Global Initiative Webinar

We will be offering Global webinars on the Region 2 web page of The Circle. Be on the lookout for an announcement of information from the Santa Maria de Jesus Guatemala Mission Trip this past March, 2014. The student participants who are STTI active members have a powerpoint presentation that they would like to share. In the future more global webinars will be offered from our Region 2 Global Initiative Committee. We hope you will join us with the webinars.
CHAPTER ACTIVITIES

Events

Most of the chapters in our region have held, or are holding, induction ceremonies this spring. Some of the chapters have added speakers for CEUs or fundraising events. Some of the upcoming induction ceremonies are as follows:

Iota Eta – CSU-Long Beach
Saturday, May 2nd - Induction Ceremony
Saturday, September 6th – Alternate Induction

Pi Omega – New Mexico State at Las Cruces, NM
May 8th at 1730 in the Health and Social Services Annex 101.

Lambda Omicron – Northern Arizona University
We will be having two inductions: a brunch induction in Flagstaff and a tea induction in Tucson to celebrate with our inductees who are from the entire State of Arizona.

Xi Epsilon - CSU-Bakersfield
Our Nightingala is May 9, 2014 and we will be recognizing our founding members as well as inducting 26 new members.

Beta Upsilon Chapter - ASU Tempe
SPRING INDUCTION CEREMONY
Monday May 12, 2014
SCOTTSDALE RESORT AND CONFERENCE CENTER
7700 E. McCormick Parkway, Scottsdale Arizona
Joanne T. Clavelle DNP, RN, NEA - BC, FACHE
“Structural Empowerment and the Nursing Practice Environment in Magnet® Organizations”

Xi Theta – CSU-Dominguez Hills
Xi Theta is a virtual chapter and has recently developed an online induction ceremonial rite so that members can join throughout the year at their convenience.
Service

Lambda Omicron – Northern Arizona U – Flagstaff, AZ

Lambda Omicron raised $2025 for Water.org

Omicron Delta – U of Phoenix @ Phoenix

The Omicron Delta Chapter of Sigma Theta Tau, International created H2Omicron Delta, a service initiative for the promotion of access to clean water worldwide. The chapter launched this two-year campaign with an initial service activity to support www.water.org. H2Omicron Delta, is designed to raise awareness of the need for access to clean water worldwide. Water facts according to www.water.org: Every day women in third world countries walk an average of 3.4 miles to collect clean water for the family’s needs.

In 2012 - 2013 Omicron Delta raised over $2165 to help end the water crisis. During an event in Savannah, GA - nurses participated in the chapter's service activity, "Walk for Water". Participants were able to reflect on this global health challenge as they walked along the river in Savannah. Angie Strawn, Chapter President, states that “every 20 seconds a child dies from water-related disease” and in efforts to live out our mission, we will work to reduce this tragedy” (Water Facts, water.org).

2013 - 2014 CAMPAIGN

In 2013 - 2014 campaign has begun! On November 15, 2013, Omicron Delta members participated in a walk along the canal in Indianapolis, Indiana. Donations and contributions made in support of this walk are the foundation of this year's campaign. The goal is to raise more than the chapter raised last year...so the goal is $3000 for 2013-2014. Donations may be made online, directly to water.org in the chapter's name. All donations are tax deductible. To help someone get access to clean water, please consider donating to the 2013-2014 Omicron Delta H2Omicron Delta campaign: Omicron Delta/Water.org

Project Linus

In the spring of 2013, the Omicron Delta chapter decided to pursue service activities that would benefit a service organization called Project Linus. Project Linus is a non-profit organization that provides homemade blankets to children in need. It also has chapters all over the country, so it appealed to our chapter in that members in any location can volunteer to help.

One of the ways to help Project Linus is to create a blanket. They have guidelines on how to make the blanket and the chapter would assist with getting the blanket to the correct donation location. During a recent board meeting, each member of the Board of Directors completed one blanket and challenged other members to do
the same at campus inductions and member meetings. The Michigan campus accepted this challenge and completed seven baby blankets for Project Linus at their induction ceremony in 2013. If you would like to organize an activity to support Project Linus, please let us know and we would be happy to help you with the guidelines.

**Xi Theta – CSU- Dominguez Hills**

Xi Theta has continuing annual events including the upcoming L.A.’s Best – Family Health Festival ([www.lasbest.org](http://www.lasbest.org)) to be held on campus at CSU-DH in September. For information on how to participate, please contact President@xitheta.org.

**Research**

**Rho Beta - - CSU- San Bernardino**

May 10, 2014

Nursing Research, Evidence-Based Practice, and Quality Improvement Symposium

"Handle with Care - Patients, Colleagues and Self"

**Omicron Delta**

Omicron Delta hosts two education conferences each year in a different region each time – we usually mentor another chapter during this event and we use the time to complete our service organization work for water.org …we are going to be in San Francisco in June, Chicago in October and London in 2015.

“Promoting a Healthy Work Environment”

Date - **June 7, 2014**

Time - 8:30am - 3:30pm

Location - Embassy Suites - San Francisco Airport

Keynote Speaker: Carol Huston, MSN, MPA, DPA, FAAN
Past President, Sigma Theta Tau International
Director, School of Nursing, CSU-Chico

Closing Speaker: Country Joe McDonald:
Inspirational Presentation on Florence Nightingale

[http://www.omicrondelta.net/conference-registration.html](http://www.omicrondelta.net/conference-registration.html) *Registrations must be received by June 2, 2014*
Philanthropy/Fundraising

Omicron Delta – University of Phoenix

We have a grant through One Nurse at a Time to help sponsor a nurse to complete a mission trip and we assist at least one or two members per year in their international efforts – for example in the fall we assisted one of our members who was rebuilding a library in Haiti after the earthquake.

We also have a great relationship with the STTI Foundation and have two leadership grants and one research grant that we sponsor through them for nurses in low income countries.

Xi Theta – CSU- Dominguez Hills

Xi Theta annually donates and visits a clinic in Baja, Mexico through the Flying Samaritans Organization (www.flyingsamaritans.net). Xi Theta also donates annually to the San Bernardino Community Food Bank, and sponsors nurses to attend the annual Soldier’s Project (www.thesoldiersproject.org) convention.

Planning and Growing

Iota Eta – CSU-Long Beach, CA

Tuesday, September 23rd Dialogue of Caring- Taco Tuesday

Nu Upsilon – Phoenix, AZ – Grand Canyon University

Want to Help a Sigma Theta Tau Nurse Out?

By: Tracy Thomas

Michelle Cook, a member of Pi Epsilon Chapter is working on completing her Doctoral program and is in need of some assistance. She is looking for participants to describe the transition into practice for new nurses with learning disabilities. The study is confidential; it will take about 45 minutes to complete, and you will receive a coffee gift card of $10 as appreciation for completing the study. If you are interested, please contact Michelle at: newnursestudy@gmail.com

Nurses with Learning Disabilities Facebook Page

Xi Theta – CSU-Dominguez Hills – Carson, CA

Xi Theta is making significant changes in order to serve its members better. The Board just developed its new Policy and Procedure Manual which is expected to be approved after discussion and revision. Although it is a
virtual chapter, April 19th, Xi Theta invited all members to attend an in-person planning and transition meeting to assist in its reorganization. Xi Theta is hoping that this reorganization will offer more benefits and leadership opportunities for its members.

**Rho Beta - CSU-San Bernardino**

May 9: Meeting at Eisenhower Medical Center & Abstract Writing Workshop  
May 10 - STTI Nursing Symposium Call for Abstracts

**Honoring Our Own**

**Beta Mu – Nurse of the Month**

Beta Mu Member of the Month -  
Renee Maloney RN, BSN, CNRN

I chose nursing as a career because growing up, my mom was a nursing assistant off and on while raising us. Her stories of helping and serving others made me want to be a part of that. I started nursing school with my mom just out of high school; however was side tracked by life. My desire to pursue a nursing career never wavered.

I am the Manager of Supplemental Staffing and the Stroke Coordinator for Tucson Medical Center. I love float pool because we have the ability and flexibility to serve multiple populations and nurses throughout the hospital. I am passionate about stroke care and advancing the care of the neurologic patients in our community. This role allows me to serve both passions. The best part of my current nursing role is a combination of my dream jobs, float pool, neuroscience, and leadership.

I was inducted into Sigma Theta Tau International in 2011. What excited me most about joining STTI was the honor of being associated with an elite group of nurses that strive towards advancing the profession. I enjoy networking and learning from other honorees.
I have so many "best memories" from my nursing career, but the one that comes to mind first is my first day of clinicals in nursing school. I quit that day, however in a tearful fit of fear my clinical instructor embraced me, centered me, supported me, and told me yes, you can do this. I wanted to be that to someone someday. I knew from that moment on, no matter what the day brought I was there to serve a larger purpose.

My mother serves as my inspiration. I am overwhelmed at all she has done for me and is to me. Words cannot express the inspiration she provided for me to be who I am as a person, a mom, and a nurse.

Region 2 Inductees

2014 International Nurse Researcher Hall of Fame

Betty R. Ferrell, PhD, MA, RN, FAAN, FPCN, CHPN, - Gamma Tau-at-Large Chapter.

Deborah Koniak-Griffin, EdD, RNC, FAAN - Gamma Tau-at-Large Chapter.

Linda Sarna, PhD, RN, FAAN, AOCN - Gamma Tau-at-Large Chapter.

Joan Shaver, PhD, RN, FAAN - Beta Mu Chapter

For biographies on all inductees, see:

http://www.reflectionsonnursingleadership.org/Pages/Vol40_1_STTI_INRHF2014.aspx

Showcase of Regional Excellence Awards

Many of our chapters were honored at the 2013 Biennium by earning one of the Showcase of Regional Excellence Awards. For a full list of the winners, please go to:

http://www.nursingsociety.org/Awards/showcase/Pages/SRE20112013.aspx

Congratulations to all chapters who do the difficult, yet important, work which earns them the Sigma Theta Tau International awards!
Chapter Anniversaries!

40 years!
Beta Mu – University of Arizona at Tucson

30 years!
Zeta Mu At-Large, Point Loma and U of San Diego

25 years!
Iota Mu – Texas Tech, Lubbock, TX

20 years!
Xi Epsilon – CSU-Bakersfield, Bakersfield, CA
Xi Theta – CSU-Dominguez Hills, Carson, CA
Nu Mu – CSU-Los Angeles, Los Angeles, CA
WHO & WHERE WE ARE!

ARIZONA, NEW MEXICO AND WEST TEXAS

Arizona

Flagstaff  Lambda Omicron  Northern Arizona University  
http://lambdaomicron.nursingsociety.org/LambdaOmicronChapterHome
Phoenix  Omicron Delta  University of Phoenix  
www.omicrondelta.net
Phoenix  Nu Upsilon  Grand Canyon University  
http://nuupsilon.nursingsociety.org/NuUpsilonChapterHome
Tempe  Beta Upsilon  Arizona State University at Tempe  
http://betaupsilon.nursingsociety.org/BetaUpsilonChapterHome
Tucson  Beta Mu  University of Arizona at Tucson  
http://betamu.nursingsociety.org/BetaMuChapterHome

New Mexico

Albuquerque  Gamma Sigma  University of New Mexico at Albuquerque  
http://gammasigma.nursingsociety.org/GammaSigmaChapterHome
Las Cruces  Pi Omega  New Mexico State University at Las Cruces  
http://piomega.nursingsociety.org/PiOmegaChapterHome

West Texas

Abilene  Omicron Zeta At-Large  Abilene Christian College, Hardin-Simmons and McMurray Universities  
http://omicronzeta.nursingsociety.org/OmicronZetaChapterHome
El Paso  Delta Kappa  UT - El Paso  
http://deltakappa.nursingsociety.org/DeltaKappaChapterHome
El Paso  Delta Delta  West Texas A&M University  
http://deltadelta.nursingsociety.org/DeltaDeltaChapterHome
Lubbock  Iota Mu  Texas Tech University  
http://iotamu.nursingsociety.org/IotaMuChapterHome
SOUTHERN CALIFORNIA CHAPTERS

North:
Bakersfield  Xi Epsilon  CSU-Bakersfield
http://xiepsilon.nursingsociety.org/XiEpsilonChapterHome

South:
San Diego  Gamma Gamma  CSU- San Diego
http://gammagamma.nursingsociety.org/GammaGammaChapterHome
San Diego  Zeta Mu At-Large  Point Loma Nazarene & San Diego University
http://zetamu.nursingsociety.org/ZetaMuChapterHome
San Marcos  Phi Theta  CSU – San Marcos
http://phitheta.nursingsociety.org/PhiThetaChapterHome

Los Angeles Basin

West:
Los Angeles  Gamma Tau–At Large  UCLA & CSU-Northridge
http://gammatau.nursingsociety.org/GammaTauChapterHome
Los Angeles  Phi Lambda  Mt. St. Mary’s College
http://philambda.nursingsociety.org/PhiLambdaChapterHome

Northeast:
Azusa  Iota Sigma  Azusa Pacific University
http://iotasigma.nursingsociety.org/IotaSigmaChapterHome
Loma Linda  Gamma Alpha  Loma Linda University
http://www.llu.edu/nursing/gamma-alpha/newsletter.page?
Pomona  Phi Alpha  Western University of Health Sciences
http://phialpha.nursingsociety.org/PhiAlphaChapterHome
San Bernardino  Rho Beta  CSU- San Bernardino
http://rhobeta.nursingsociety.org/RhoBetaChapterHome

Central:
Carson  Xi Theta  CSU – Dominguez Hills
http://www.xitheta.org
Long Beach  Iota Eta  CSU – Long Beach
http://iotaeta.nursingsociety.org/IotaEtaChapterHome
Los Angeles  Nu Mu  CSU- Los Angeles
http://numu.nursingsociety.org/NuMuChapterHome

South East:
Fullerton  Upsilon Beta  CSU- Fullerton
http://upsilonbeta.nursingsociety.org/UpsilonBetaChapterHome
Irvine  Chi Beta At-Large  West Coast College – Irvine
http://chibeta.nursingsociety.org/ChiBetaChapterHome
REMINDERS AND ANNOUNCEMENTS

May 6-12       Nurses Week

May 7          Leadership Connection 2014 - Call for Abstracts Deadline

June 30th      New Fiscal Year - New officers to be sent to STTI

July 24-28     STTI’s 25th International Nursing Research Congress
                in Hong Kong

Aug 6th        New Bylaws and Chapter Reports due to STTI

September 24-27 Leadership Connection 2014, Indianapolis, IN

November 13-14th Southern California Odyssey Research Conference,
                    Ontario Doubletree, Ontario, CA